

Region IV Behavioral Health Board –

Recovery Wellness Sub-Committee Meeting

10/03/2018

Attendees: Monica Forbes, Lindsay Brown, Rebecca Lee

Meeting Called to order at 1:00 PM

Meeting minutes reviewed. Becca made a motion to approve meeting minutes. Monica seconded the motion. 3 Ayes 0 opposed 0 abstained.

- I. Creating safe and sober activities
 - A. Lindsay would like to host a SuperBowl party for people in recovery. Potluck style, Lindsay proposed that she follow up with Scott from Phoenix Multisport to see if they would be willing to host this event.
 - B. Becca and Lindsay would like to have a small committee created to focus on potential opportunities for people in recovery to look for ways to give back to our community. Lindsay shared that many of the activities at Phoenix are at times during the days that a lot of the community are working, making it difficult to participate.
 - C. Monica made a suggestion that Peer Wellness Center could host a Sunday football day, Lindsay said that she can commit to being the person to facilitate this event. Lindsay will coordinate with Becca to get this recovery project going.
- II. Looking At Potential Persons To Invite To Recovery Wellness Sub-Committee

Monica has created a list of potential persons that we would like to invite to be a part of the Recovery Wellness Sub Committee. There needs to be more coordination, communication and joint support between recovery focused community stakeholders. This committee is also a great “neutral ground” for all to come together and collaborate. Committee reviewed list of representatives to invite: Scott Jones - Phoenix Multisport

Chris Meacham - The Phoenix House
Brandt Gibson - River Sober Living
Laurel - SHIP
Austin - Rising Sun
HSI - Mike Chippolla or Joey Berry, PSS
Brickhouse Recovery - Jason Coombs

We have R4L (Lindsay). Need representatives from Ascent, Access, Center for Behavioral Health, Allumbaugh House, Raise The Bottom, Pathways Crisis Center (Chris Nguyen?), Aspire, Balance Recovery,

CIT Ada County Deputy, Terry Weir - BPD, Kendall from MADC, Representative from District IV P&P - contact Moira Lynch to see if she can send a representative,

???? Who are we forgetting.

- A. Becca stated that we may need to change the time that this meeting takes place in order for the persons invited be able to participate. Monica and Lindsay agreed. Becca stated that she would be responsible for creating the committee invite. Monica will follow up with phone calls.
 - B. Becca made a motion to change the meeting time of the recovery sub-committee. Discussion, it is hard to pick a time that will work for everyone. Lindsay suggested that the first invite and meeting be at the regular scheduled time of 1:00 PM. After that meeting, we follow up and ask what time would work best for everyone. Lindsay revised motion to set up the initial meeting with everyone at the scheduled time, and then revisit at that time. Monica seconded that revised motion. 3 Aye, 0 opposed 0 abstained.
 - C. Deadline for creating flier will be October 10, 2018. Monica will have the email list completed by October 12, 2018.
- III. Reviewing Join turn Recovery App
- A. Lindsay, Monica, and Rebecca have homework to review new recovery app.
 - B. Meeting scheduled to meet with Clay Olsen the developer of the recovery app. Meeting is on October 17, 2018 at Peer Wellness.

Next meeting is scheduled at November 7, 2018 at 1:00 PM at 5371 W Franklin Road-Boise. Becca made a motion to adjourn this meeting at 2:28 PM. Lindsay seconded the motion. Meeting adjourned.

